

Oklahoma State University

**Drug and Alcohol Abuse
Prevention Program**

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Introduction and DAAPP Overview

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an Institution of Higher Education (IHE) such as Oklahoma State University (OSU), to certify that it has implemented programs to prevent the abuse of alcohol and use, and/or distribution of illicit drugs both by OSU students and employees either on its premises and as a part of any of its activities. At a minimum, an IHE must annually distribute the following in writing to all students and employees:

- I. Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- II. A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- III. A description of the health risks associated with the use of illicit drugs and alcohol abuse;
- IV. A description of any drug or alcohol counseling, treatment, or rehabilitation or reentry programs that are available to employees or students; and
- V. A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct or law.

Applicable Legal Sanctions under Federal Law

Federal Trafficking Penalties				
Schedule	Substance/Quantity	Penalty	Substance/Quantity	Penalty
II	Cocaine 500-4999 grams mixture	First Offense: Not less than 5 yrs., and not more than 40 yrs. If death or serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual	Cocaine 5 kgs or more mixture	First Offense: Not less than 10 yrs., and not more than life. If death or serious injury, not less than 20 or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual.
II	Cocaine Base 28-279 grams mixture		Cocaine Base 280 grams or more mixture	
II	Fentanyl 40-399 grams mixture		Fentanyl 400 grams or more mixture	Second Offense: Not less than 20 yrs., and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
I	Fentanyl Analogue 10-99 grams mixture		Fentanyl Analogue 100 grams or more mixture	
I	Heroin 100-999 grams mixture	Second Offense: Not less than 10 yrs., and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.	Heroin 1 kgs or more mixture	2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
I	LSD 1-9 grams mixture		LSD 10 grams or more mixture	
II	Methamphetamine 5-49 grams pure 50-499 grams mixture		Methamphetamine 50 grams or more pure 500 grams or more mixture	
II	PCP 10-99 grams pure 100-999 grams mixture		PCP 100 grams or more pure 1 kg or more mixture	
Other Schedule I & II drugs (and any drug product containing Gamma Hydroxybutyric Acid)	Any Amount	First Offense: Not more than 20 yrs. If death or serious injury not less than 20 yrs. Or more than life. Fine \$1 million if an individual, \$5 million if not an individual. Second Offense: Not more than 30 years. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$5million if not an individual.		

Flunitrazepam (Schedule IV)	1 gram	
Other Schedule III drugs	Any Amount	First Offense: Not more than 10 yrs. If death or serious injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual. Second Offense: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual.
All other Schedule IV drugs	Any amount	First Offense: not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 10 yrs. Fine not more than \$500,00 if an individual, \$2 million if other than an individual.
Flunitrazepam (Schedule IV)	Other than 1 gram or more	
All Schedule V drugs	Any amount	First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. Second Offense: Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.

Federal Trafficking Penalties – Marijuana

Drug	Quantity	1 st Offense	2 nd Offense
Marijuana (Schedule I)	1,000 kg or more marijuana mixture; or 1,000 or more marijuana plants	Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 million if individual; \$50 million if other than individual.	Not less than 20 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if individual; \$75 million if other than individual.
Marijuana (Schedule I)	100 kg to 999 kg marijuana mixture; or 100 to 999 marijuana plants	Not less than 5 yrs. or more than 40. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$5 million if individual; \$25 million if other than individual.	Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if individual; \$75 million if other than individual.
Marijuana (Schedule I)	More than 10 kgs hashish; 50 to 99 kg marijuana mixture	Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs., or more than life.	Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine not more than

	More than 1 kg of hashish oil; 50 to 99 marijuana plants	Fine not more than \$1 million if individual; \$5 million if other than individual.	\$2 million if individual; \$10 million if other than individual.
Marijuana (Schedule I)	Less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) 1 to 49 marijuana plants	Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.	Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.
Hashish (Schedule I)	10 kg or less		
Hashish Oil (Schedule I)	1 kg or less		

Applicable Legal Sanctions under State Law

State Statute	Act	Penalties Upon Conviction
37A § 6-101. A 1	Knowingly sell, deliver or furnish alcoholic beverages to any person under twenty-one (21) years of age	<p>First Offense: Be guilty of a misdemeanor and punished by a fine of not more than Five Hundred Dollars (\$500.00).</p> <p>Second offense within Ten (10) years, in the state of Oklahoma or any similar law of another state: Be guilty of a misdemeanor and punished by a fine of not more than One Thousand Dollars (\$1,000.00).</p> <p>Third Offense within Ten (10) years, in the state of Oklahoma or any similar law of another state: Be guilty of a felony and shall be punished by a fine of not more than Two Thousand Five Hundred Dollars (\$2,500.00), or by imprisonment in the custody of the Department of Corrections for not more than five (5) years, or by both such fine and imprisonment.</p>
37A § 6-101. A 2	Sell, deliver or knowingly furnish alcoholic beverages to an intoxicated person or to any person who has been adjudged insane or mentally deficient	
37A § 6-101. A 4	Import into this state, except as provided for in the Oklahoma Alcoholic Beverage Control Act, any alcoholic beverages; provided, that nothing herein shall prohibit the importation or possession for personal use of not more than one (1) liter of alcoholic beverages upon which the Oklahoma excise tax is delinquent	
37A § 6-101. A 5	Receive, possess or use any alcoholic beverage in violation of the provisions of the Oklahoma Alcoholic Beverage Control Act	
37A § 6-101. A 11	Consume or possess alcoholic beverages on the licensed premises of a bottle club unless such person possesses a valid membership card for that club issued by the club	
37A § 6-101. A 13	Knowingly and willfully permit any individual under twenty-one (21) years of age who is an invitee to the person's residence, any building, structure or room owned, occupied, leased or otherwise procured by the person or on any land owned, occupied, leased or otherwise procured by the person, to possess or consume any alcoholic beverage as defined by Section 1- 103 of this title, any controlled dangerous substance as defined in the Uniform Controlled Dangerous Substances Act, or any combination thereof, in such place.	

37A §6-115.	Operation of whiskey still with intent to produce alcoholic beverages— Distiller business without distiller’s license	Be guilty of a Felony, and be fined not less than Two Thousand Five Hundred Dollars (\$2,500.00) nor more than Five Thousand Dollars (\$5,000.00), or imprisoned in the State Penitentiary for not more than three (3) years, or by both such fine and imprisonment.
37A §6-117.	Engaging in activities or performing transactions or acts without proper license	<p>First Offense: Be guilty of a misdemeanor, and fined not more than Two Thousand Five Hundred Dollars (\$2,500.00) and imprisoned for not less than thirty (30) days nor more than six (6) months.</p> <p>Subsequent Offenses: Be guilty of a felony and be fined not more than Two Thousand Five Hundred Dollars (\$2,500.00), or imprisoned in the State Penitentiary for no more than one (1) year, or by both such fine and imprisonment.</p>
37A §6-120	Selling, furnishing or giving alcoholic beverages to person under 21	<p>First Offense: Guilty of a misdemeanor, and fined not more than Five Hundred Dollars (\$500.00), or imprisoned in the county jail for not more than one (1) year, or by both such fine and imprisonment.</p> <p>Second/Subsequent Offense: Guilty of a Felony, and shall be fined not less than Two Thousand Five Hundred Dollars (\$2,500.00) nor more than Five Thousand Dollars (\$5,000.00), or imprisoned in the State Penitentiary for not more than five (5) years, or by both such fine and imprisonment.</p> <p>ABLE Commission shall revoke the license of any convicted of a violation of this section.</p>

<p>37A §6-121.</p>	<p>Knowingly selling, furnishing or giving alcoholic beverages to insane, mentally deficient or intoxicated person</p>	<p>First Offense: Guilty of a misdemeanor, and fined not more than Five Hundred Dollars (\$500.00), or imprisoned in the county jail for not more than one (1) year, or by both such fine and imprisonment.</p> <p>Second/Subsequent Offense: Guilty of a Felony, and shall be fined not less than Two Thousand Five Hundred Dollars (\$2,500.00) nor more than Five Thousand Dollars (\$5,000.00), or imprisoned in the State Penitentiary for not more than five (5) years, or by both such fine and imprisonment.</p> <p>ABLE Commission shall revoke the license of any convicted of a violation of this section.</p>
<p>37A §6-129</p>	<p>Powered alcohol—Unlawful use, purchase, sale, or possession</p> <p>1. As used in this section, “powered alcohol” means alcohol prepared or sold in a powder form for either direct use or reconstitution.</p>	<p>First Offense: Guilty of a misdemeanor, fine of not more than Three Hundred Dollars (\$300.00) or by imprisonment for not more than thirty (30) days or by both.</p> <p>Second Offense: Guilty of a misdemeanor, fine of not more than Seven Hundred Fifty Dollars or by imprisonment for not more than six (6) month or by both.</p> <p>Third/Subsequent Offense: Guilty of a misdemeanor, fine of not more than Three Thousand Dollars (\$3,000.00) or by imprisonment for not more than two (2) years or by both.</p>

Oklahoma Drug Statues and Penalties				
Schedule	Characteristics	Substances	Offense	Penalty
I	1. High potential for abuse 2. No accepted medical use in US or lacks accepted safety for use in treatment under med supervision	A. Opiates: e.g., acetylmmethadol, dextromoramide B. Opium derivatives: e.g., codeine and morphine compounds, heroic C. Hallucinogenic substances: e.g., LSD, marijuana, mescaline, BZP, psilocybin, DMT D. Depressants and stimulants: e.g. Qualuudes, GHB, N-ethylamphetamine E. Synthetic Cannabinoids	2-401(B)(1) Distribution or possess w/ intent to distribute (p.w.i.) or manufacture a Sched. I or II narcotic substance or LSD, GHB (or its chemical alternatives)	1 st Offense: Felony; not more than 7-yrs.; fine of not more than \$100,000 2 nd Offense: Felony; not more than 14 yrs. 3 rd Offense: Felony: not more than 20 yrs.
			2-401(C)(1) Manufacture, cultivation, distribution or p.w.i. to distribute a synthetic controlled substance	Felony;<Life;\$25,000 Or subsequent offense: felony under habitual offender statute & <\$100,000
			2-402(B)(1) Possession of Sched I or II substance (Not marijuana or Sched II(D)) w/o valid prescription	1 st Offense: Felony; 2-10 yrs.;<\$5,000 2 nd or Subsequent Offenses: Felony 4-20 yrs.
II	1. High potential for Abuse 2. Accepted medical use in US with severe restrictions 3. Abuse may lead to severe psychological or physical dependence	A. Narcotics derived from vegetable origin or chemical synthesis: 1. Opium and opiates 2. Chemical equivalents to those listed in (A) 3. Opium poppies and poppy straws 4. Cocaine B. Other opiates: e.g., methadone, dihydrocodeine C. Other stimulants and hallucinogenic	2-401(G)(3) Aggravated Manufacturing of a controlled substance in the amount listed below: a. >1 kg of heroin mixture b. >5 kg of cocaine mixture c. >50 g of chemical precursors containing cocaine base d. >100 g of PCP mixture e. >10 g of LSD mixture f. >400 g of N-phenyl-N_1-(2-pheylethy)-4-piperidinyl propanamide mixture	20 yrs-life; >\$50,000 Required to serve 85% of sentence before becoming eligible for parole Or subsequent offense: felony under habitual offender statute; 2x fine imposed by penalty and no s.s. or p.p.

		<p>substances: e.g. synthetic THC (nabilone), amphetamine, methamphetamine</p> <p>D. Other depressants and stimulants: e.g. amobarbital, glutethimide, Vyvanse, Ritalin</p>	<p>g. >1,000kg/1,000 plants of marijuana</p> <p>h. >50g of methamphetamine</p> <p>401(G)(5) Subsequent attempt to acquire pseudoephedrine</p>	401(G)(5): >14yrs
III	<ol style="list-style-type: none"> 1) Abuse potential less than schedule I and II 2) Accepted med use in US 3) Abuse may lead to moderate/low phys dependence or high psych dependence 	<p>A. Compounds containing stimulants or depressants:</p> <ol style="list-style-type: none"> 1. GHB products 2. Anabolic steroids or hormones 3. Barbiturates <p>B. Nalorphine</p> <p>C. Compounds containing limited narcotic quantities: e.g., codeine, opium and morphine compounds</p>	2-402(B)(2) Possession of Schedule III, IV, V, Sched. II (D) substances or marijuana	<p>Misdemeanor; <1 yr; <\$1,000</p> <p>Or subsequent offense w/in 10 yrs: felony; 2-10 yrs; <\$5,000</p> <p>Or subsequent offense more than 10 yrs later: felony; 1-yr; <\$5,000</p>
IV	<ol style="list-style-type: none"> 1) Low abuse potential relative to Schedule III 2) Accepted med us in the US 3) Abuse may lead to limited phys dependence or psych dependence relative to Schedule III 	<p>1. Prescription medication containing potentially abusive quantities of certain narcotics: e.g., Klonopin, Ativan, ephedrine, phenobarbital, butorphanol tartate, anti-obesity medication (fenfluramine, etc.)</p>	2-401(B)(3) Distribution or possess w/ intent (p.w.i.) to distribute or manufacture Sched V substance	<p><5 yrs; <\$1,000</p> <p>Or subsequent offense: felony under habitual offender statute; 2x fine imposed by penalty and no s.s. or p.p.</p>
V	<ol style="list-style-type: none"> 1) Low abuse potential relative to Schedule IV 	<p>1. Narcotics containing nonnarcotic active</p>	2-401(B)(4) Distribution or possess w/ intent (p.w.i.) to	Misdemeanor; <1 yr; <\$1,000

2) Accepted med use in US 3) Abuse may lead to limited phys dependence or psych dependence relative to Schedule IV	medicinal ingredients: e.g., limited percentages codeine, opium, etc. 2. Compounds containing pseudoephedrine or ephedrine 3. Compounds containing pregabalin	distribute or manufacture an imitation controlled substance	Or subsequent offense: Felony; <5 yrs.; <\$5,000
	Chemical Presursors: e.g., d-lysergic acid, ephedrine, pseudoephedrine, methylamine, etc.	2-401(G)Manufacture or possession of precursors w/ intent to manufacture controlled substance	Felony; 7 yrs-life; >\$50,000

Reference: http://www.lcle.la.gov/sentencing_commission/Resources/I%20G.%20OK%20Drug%20Statute%20Chart.pdf

http://oklegal.onenet.net/oklegal-cgi/get_statute?99/Title.63/63-2-401.html

http://oklegal.onenet.net/oklegal-cgi/get_statute?99/Title.63/63-2-402.html

Applicable Legal Sanctions under Local Ordinances

Stillwater Alcohol Ordinances		
City Ordinance	Definition	Penalties
Sec. 3-3. – Maintaining a place where sold contrary to law.	It is unlawful for any person or any agent or employee thereof, to keep, maintain, or aid or abet in keeping or maintaining, a place where alcoholic beverages or low-point beer are manufacture, sold, bartered, given away, or otherwise furnished in violation of law or the ordinances.	Refer to State Alcohol Charts in this document on page ____.
Sec. 3-8. – Possession by underage persons in public places	No person under 21 years of age shall be in possession of any alcoholic beverage or low-point beer while such person is upon any such street, road, thoroughfare, highway, or in any public building or public place within the city.	Refer to State Alcohol Charts in this document on page ____.
Sec. 3-15. – Drinking alcoholic beverages in Public	It shall be unlawful for any person to drink alcoholic beverages while in or upon any street, alley or other public place in the city except that such beverages may be consumed or possessed by persons 21 years of age or older within the boundaries of an area designated as a Business Improvement District (BID in accordance with section 3-92(c).	Refer to State Alcohol Charts in this document on page ____.
Stillwater Drug Ordinances		
City Ordinance	Definition	Penalties
Sec. 16-10. – Possession of drugs and drug paraphernalia	It shall be unlawful for any person to knowingly or intentionally have in his possession any controlled dangerous substance or any drug paraphernalia	Punishable as a misdemeanor under the Uniform Controlled Dangerous Substances Act, 63 O.S.§ 2-101 et seq.

Additional information regarding Stillwater, OK ordinances and governing documents can be found on [municode](#), or the City of Stillwater’s [website](#).

Health Risks Associated with Alcohol and Illicit Drugs

Alcohol

Mood and behavior change, possible stroke, blood clot, arrhythmias and cardiomyopathy, steatosis, alcoholic hepatitis, fibrosis, cirrhosis, pancreatitis, dangerous inflammation that prevents proper digestion, weakened immune system.

Cocaine

Narrowed blood vessels; enlarged pupils; increased body temperature, heart rate, and blood pressure; headache; abdominal pain and nausea; euphoria; increased energy, alertness; insomnia, restlessness; anxiety; erratic and violent behavior, panic attacks, paranoia, psychosis; heart rhythm problems, heart attack; stroke, seizure, coma. Post effects are Depression, tiredness, increased appetite, insomnia, vivid unpleasant dreams, slowed thinking and movement, restlessness.

Inhalants

Confusion; nausea; slurred speech; lack of coordination; euphoria; dizziness; drowsiness; disinhibition, lightheadedness, hallucinations/delusions; headaches; sudden sniffing death due to heart failure (from butane, propane, and other chemicals in aerosols); death from asphyxiation, suffocation, convulsions or seizures, coma, or choking.

Marijuana

Slowed reaction time; problems with balance and coordination; increased heart rate and appetite; problems with learning and memory; anxiety

Vaping

Nicotine addiction, mood disorders. Evidence of lung injury and death is linked to vaping use.

Prescription drugs

Sleep medications such as Ambien, Sonata and Lunesta: fever, irritability/life-threatening withdrawal in chronic users

Barbiturates & Benzodiazepines such as Valium, Xanax, Ativan, Amytal: Sedation/drowsiness, reduced anxiety, feelings of well-being, lowered inhibitions, slurred speech, poor concentration, confusion, dizziness, impaired coordination and memory/slowed pulse, lowered blood pressure, slowed breathing, tolerance, withdrawal, addiction; increased risk of respiratory distress and death when combined with alcohol.

Opioids

Codeine (Robitussin), Morphine such as Roxanol, Vicodin, Oxycontin, Percocet: drowsiness, sedation, weakness, dizziness, nausea, impaired coordination, confusion, dry mouth, itching, sweating, clammy skin, constipation/ slowed or arrested breathing, lowered pulse and blood

pressure, tolerance, addiction, unconsciousness, coma, death; risk of death increased when combined with alcohol or other CNS depressants.

Stimulants

Concerta, Adderall, Ritalin: increased heart rate, blood pressure, and metabolism, reduced appetite, weight loss, nervousness, insomnia, seizures, heart attack, stroke, rapid breathing, tremor, loss of coordination, irritability, restlessness/delirium, panic, paranoia, hallucinations, impulsive behavior, aggressiveness, tolerance, addiction.

Drug and Alcohol Programs and Initiatives on the OSU Campus

The University utilizes multiple different avenues of communication to further educate our students, faculty, staff, and community on the dangers of illegal use and abuse of alcohol and other drugs. Various departments from across campus host events, programs, and initiatives throughout the academic year that achieve this goal. Below you will find information on some of the different types of programs and initiatives available at Oklahoma State University.

Data Collection

To aid in the development and successful implementation of preventative measures on Oklahoma State University's campus departments actively gather and share various forms of data pertaining to the use of alcohol and other drugs. Some examples of these are the National College Health Assessment (NCHA), crime statistics, policy violations, and alcohol incapacitation transports.

Events, Programs, and Campaigns

Alcohol Awareness Week

Every year multiple departments from across campus collaborate on the annual Alcohol Education Week. Some of these departments include: The Alcohol and Substance Abuse Center, Oklahoma State University Police Department, Student Conduct Education and Administration, and the Department of Wellness. In the past this week has included presentations on the dangers of drinking and driving through a Victim's Impact Panel or Topsy Tricycles. It also has hosted presentations highlighting the responsible use of alcohol.

Brew Review

This program is an alcohol education program conducted in collaboration between the Department of Wellness and the Oklahoma State University Police Department. The program consists of a powerful skit that addresses drinking and driving and a facilitated discussion challenging students to create different means to decrease drinking and driving. The discussion also provides information to dispel the misconceptions regarding alcohol consumption on the OSU campus. Campus police officers facilitate a discussion of alcohol laws and violations. In addition, they conduct sobriety and breathalyzer tests on students who have been consuming alcohol under their supervision.

Late Night Programing

Various departments on campus provide a multitude of events and programs during nights and on the weekends. While some events focus on the promotion of legal and responsible use of alcohol and drugs, these events also provide opportunities to meet people, and have fun in a safe and alcohol free and drug free environment.

S.M.A.R.T. Campaign

Oklahoma State University has provided various promotional materials aimed at educating students about the illegal use and abuse of alcohol through its S.M.A.R.T. Campaign.

S.M.A.R.T. stands for:

- Set and know your limits
- Make a plan before you go
- Appoint a sober driver
- Responsible means over 21
- Think before you drink

The university has spread this message by handing out S.M.A.R.T. coasters, S.M.A.R.T. stickers, and other educational materials. Student Conduct Education and Administration and the Alcohol and Substance Abuse Center on campus also provide S.M.A.R.T. classes for students who have been found responsible for violating the Alcohol provision of the Student Code of Conduct.

Annual Fraternity and Sorority Chapter Officers' Retreat

Fraternity and Sorority Affairs host an annual Chapter Officers' retreat that addresses risk management concerns and best practices for chapters on responding to risk concerns. These risk concerns can include those related to the illegal use and abuse of alcohol and other drugs, in addition to other areas of risk.

House Director Orientations

Fraternity and Sorority Affairs hosts annual House Director orientation designed to help those directors recognize students who may need assistance regarding the illegal use and abuse of alcohol and other drugs.

Peer Education Initiatives

Share the W.E.A.L.T.H. Peer Health Education Program

Share the W.E.A.L.T.H. is a peer health education program established in response to the health issues concerning Oklahoma State University students. W.E.A.L.T.H. stands for Wellness Educators Advocating Lifestyles Toward Health. The program is comprised of trained OSU students who promote positive health behaviors, increase awareness of campus and community resources, encourage the use of critical thinking during decision-making process and create a support network for students. Peer educators develop, implement, and evaluate health education and awareness presentations and facilitate small and large group programs. Some topics include

alcohol awareness, stress management, nutrition, sexual health, LGBTQ+, prescription drug use, and sleep hygiene. The Alcohol Education Program is a 45-minute presentation conducted by a trained peer education and designed to give students the opportunity to analyze personal drinking habits and learn about drinking laws and the consequences of breaking those laws.

Wellness State Program

The Wellness State Program is an additional component of the peer health education program that is specifically designed for Freshman Orientation academic courses. The primary purpose of this program is to address the specific health needs of new students. Program topics include alcohol awareness, stress management, nutrition, body image, physical activity, personal safety, tobacco, and sexual health. All programs are approximately 40 minutes in length and include an out of class web-based assignment before a classroom presentation.

Student Wellness Council

The Student Wellness Council is designed to improve the health and wellness of members of the Oklahoma State University community. The council advises and advocates for wellness programs and policies to align with the needs and wants of OSU students. The Student Wellness Council is open to students who are at least second year students, they must have a 2.75 minimum GPA, attend monthly meetings, and have a strong interest in health and wellness. This council serves as a great program for our students to voice their ideas and concerns.

Greek 100

A student organization advised by Fraternity and Sorority Affairs requires all fraternities and sororities have 95% attendance at various peer-led educational presentations. Up to 100 fraternity and sorority members are the peer educators for presentations on alcohol and drug education, hazing prevention, and sexual violence.

Outreach Materials

Various departments across the University release educational information and materials regarding the use of alcohol and other drugs. These materials whether they are through the use of brochures, fliers, posters, or electronic means are used to highlight the effects of illegal use and abuse of alcohol and other drugs.

Outreach Presentations

Various departments offer presentations that educate on alcohol and substances. The following are a sample of presentations provided by professional employees at the institution.

“What Would Pete Do”: The Student Conduct Education and Administration Office offers a “What Would Pete Do” program that educates students on the responsible consumption of alcohol. The program aspires OSU student to follow five behavioral standards; integrity, community, social justice, respect, and responsibility.

1 is 2 Many: The 1 is 2 Many campaign outlines a clear message that one victim is too many and that Oklahoma State does not condone any form of sexual violence in our campus community. All incoming students regardless of classification must complete an online training, while this training is focused on sexual violence prevention, it does contain components related to the effects of alcohol and other drugs.

OSU Police lead Alcohol Education Presentations: Dedicate one officer as an Alcohol Education Enforcement Officer who focuses on prevention efforts directed towards impaired driving by providing approximately 125 drug and alcohol educational programs a year.

Presidential Leadership Council Discussion: Presidential Leadership Council facilitates a “family discussion” in which they discuss the responsibility of following the law as leaders which includes abstaining from alcohol consumption until the age of 21.

Athlete Presentations: The Athletic Department hosts presentations on alcohol and substance abuse, one for the football team in the Fall, and one for all student-athletes during the Spring semester.

Preventative Policies

The institution has policies in place to aid in the prevention of alcohol and substance abuse.

Opioid Prescribing Protocols

University Health recognizes that is a prescription opioid epidemic and follows recommendations set forth by the American College Health Association (ACHA) to maximize safety and reduce the potential for abuse among OSU students, faculty, and staff. UHS providers:

- Avoid opioids whenever possible.
- Prescribe opioids for time-limited use only.
- Discuss the risks and dangers of opioid medications in detail with the patient.
- Prescribe opioids in low doses and small quantities, if at all.
- Establish treatment goals before beginning therapy of any kind.
- Recommend close follow-up dates for confirmed discontinuation.
- Screen for substance abuse, poorly-controlled depression, family history of substance abuse, concomitant use of benzodiazepines, and other major psychiatric disorders.
- Perform frequent checks of state prescription drug monitoring programs.

In addition, precautions are taken to ensure that staff can respond to a potential opioid overdose. Currently UHS providers and/or nursing staff:

- Stock no less than 2 doses of Narcan in the Trauma Cart that resides in the clinic.
- Ensure that staff is trained in the ability to manage the airway of an unconscious patient.
- Ensure that the health center clinical staff is adequately trained to provide intravenous fluid support.
- Work closely with OSU PD and LifeNet to facilitate our transport and emergency response

ADHD Protocols

If a student would like a UHS physician to be responsible for continuing an existing treatment plan, it is important to understand the guidelines adopted by the medical staff of UHS. These have been developed in conjunction with the Office of Student Disability Services and the OSU Counseling Services. These standards include: currency of testing, breadth of testing, and a clear definitive diagnosis consistent with testing results. A comprehensive adult diagnostic evaluation performed within the previous four (4) years is required. This must include a clinical interview by qualified personnel as well as testing using accepted assessment devices. Without such comprehensive evaluations, the UHS staff cannot continue drug therapy. Possible examples of these tests include: BDEFS, CAARS, CPT-3, PAI, WAIS-IV, etc.

If a student is able to present to UHS with an adult evaluation, a diagnostic statement from the mental health professional who administered the testing, and a recommendation by the evaluator for a prescription as part of the treatment plan, it is likely that we will be able to continue the course of therapy recommended in the evaluation, after an appointment with a UHS provider.

Fraternity Random Alcohol Inspections

Fraternity and Sorority Affairs is responsible for conducting year-round random alcohol inspections of fraternity houses to ensure compliance with OSU's dry house and recruitment policies.

Athletic Department Drug Testing

The Oklahoma State University Athletics Department complies with the NCAA's policies pertaining to drug testing and do so by following best practices outlined by the NCAA. Oklahoma State University does this through the completion of the OSU Athletics Department Drug Education and Testing Program, which is overseen by the Director of Counseling and Sport Psychology. The Director also does individual work with student-athletes who have tested positive for NCAA banned substances and who are referred for substance abuse issues.

Community Initiatives

Regional Prevention Coordinator

The Regional Prevention Coordinators work throughout the State of Oklahoma to provide resources and programs to the communities they service through various grants. The Region III Regional Prevention Coordinators works within the five counties surrounding Oklahoma State University, these counties include, Kay, Noble, Osage, Pawnee, and Payne County. While these grants focus on the community, our students are a part of that community and can receive the benefits that these programs and initiatives offer to the community.

Payne County Substance Abuse Committee

Made up of individuals from throughout the OSU and Stillwater community, the Committee's goal is help streamline prevention and education efforts related to alcohol and other drugs for the Oklahoma State University campus.

Resources on the OSU Campus

In addition to various campus programs, initiatives, and events at Oklahoma State University, the campus also offers a multitude of different resources for students, faculty, and staff. Listed below are some of the resource's individuals on our campus can utilize.

<p>Student Counseling Center 320 Student Union Phone: 405-744-5458 Website: https://ucs.okstate.edu/</p>	<p>Student Counseling Center provides individual and group counseling, substance abuse assessment and counseling, distress and relaxation services, and services to students with disabilities. The Student Counseling Center provides individual, group, grief and substance abuse counseling.</p> <p>Walk-In Clinic: The Walk-In Clinic (no appointment needed), is free and involves meeting with a counselor for a brief consultation session. After the session, the counselor will make recommendations that may include referral to campus resources or other counseling services. The Clinic is open 10:00 a.m. to 3:00 p.m. Monday – Thursday.</p> <p>TAO: Therapist Assisted Online (TAO) Self-Help is a completely private online library of behavioral health resources that includes interactive educational modules and tools to help you understand and manage how you feel, think, and act. Students can complete a self-screening assessment that will ask you a few questions about common problems, then provide you with some feedback for next steps you can take. Access through https://ucs.okstate.edu/scc/tao</p>
<p>Call SAM 1-855-225-2726</p>	<p>Call SAM (Student Assistance by Mercy) is a Free 24-hour call center staffed with counselors who will assist you in getting the help you need. It's completely confidential.</p>
<p>Alcohol and Substance Abuse Center 320 Student Union Phone: 405-744-5472 Website: https://ucs.okstate.edu/asac/index.html</p>	<p>The Alcohol and Substance Abuse Center (ASCA) is staffed by two licensed substance abuse/mental health counselors. The Center offers individual counseling regarding drug and alcohol use, anger, personal, and co-occurring mental health issues, as well as substance abuse outpatient counseling groups. In addition to these counseling services the Center also offers state certified ADSAC/DUI assessments.</p>

<p>Reboot Center 320W Student Union Phone:405-744-6434 Website: https://ucs.okstate.edu/reboot/index.html</p>	<p>The Reboot Center provides a quiet, inviting space for learning skills to calm the mind and body. This is accomplished by providing students, faculty and staff with the opportunity to utilize biofeedback and video-games responsive to stress physiology for free. As individuals relax the images become more vivid, animations more dynamic and ability to play a game increases. Individuals can go to the Reboot Center as often as they would like, and there is no appointment needed.</p>
<p>Employee Assistance Program Website: https://hr.okstate.edu/benefits/hrEAP</p>	<p>The Employee Assistance Program (EAP) is screening, assessment, short-term counseling and referral services provided at no charge to all OSU faculty, staff and their dependents who are experiencing personal/social, or substance abuse difficulties.</p>
<p>Telehealth Sessions through MDlive Website: https://hr.okstate.edu/md-live-open-enrollment-communication</p>	<p>Oklahoma State University employees may access virtual visits through MDLive. During these virtual visits an employee can speak with board-certified providers with an average of fifteen years of experience over the phone, through online video or mobile app. This is a private, secure and confidential appointment, prescriptions are sent to the pharmacy of your choice, and the average wait time is 20 minutes.</p>

Drug and Alcohol Programs and Resources in the Stillwater Community

In addition to the many great programs and resources available to student's faculty, and staff on the campus of Oklahoma State University, there are also options available in the surrounding community. Below are some of the resources available in both the Stillwater Community as well as the Payne County Community.

<p>Stillwater Medical Center 1323 W. 6th Stillwater, OK 74074 Phone: 1- (405) 372-1480, In Emergency Dial 9-1-1 Website: https://www.stillwater-medical.org/locations/stillwater-medical-center</p>	
<p>Payne County Youth Services 2224 W. 12th Stillwater, OK 74074 Phone: (405) 377-3380 Website: www.pcys.org</p>	<p>Program services include individual, family, crisis intervention, and group counseling for both mental health and substance abuse issues. Intervention, prevention, and diversion services include emotions management, the First Offender/Skills for Success program, parenting education, substance abuse group psychoeducational program, Victims of Crime (VOCA) counseling and advocacy services, Safe Place program, Foster Care, Transitional Living, Community At-Risk (CARS) home-based counseling, outreach mental health and substance abuse counseling provided in the public schools, and emergency sheltering for youth.</p>
<p>Payne County Drug Court 608 West Highpoint Drive Stillwater, OK 74075 Phone: 1 (405) 743-1968 Website: https://www.drug-rehab-headquarters.com/oklahoma/facility/payne-county-drug-court-stillwater/</p>	<p>Payne County Drug Court maintains their focus on Substance Abuse Treatment Services within an Outpatient program. Services offered here are: Substance abuse treatment with therapeutic programs and groups unique to persons with co-occurring mental and substance abuse disorders, Payne County Drug Court accepts Medicaid, Cash or self-payment as viable methods of payment. Financial assistance programs are offered at this Stillwater, OK treatment center.</p>

<p>Alcohol Anonymous Website: https://betteraddictioncare.com/aa-meetings-stillwater-ok</p>	<p>Alcoholics Anonymous is a fellowship of men and women who share their common experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. There are no dues or fees for AA membership.</p>
<p>Narcotics Anonymous Website: https://www.narcotics.com/na-meetings/oklahoma/stillwater/</p>	<p>Narcotics Anonymous is a global organization that brings together members of the community who are either in recovery for various types of narcotics addiction or who wish to be in recovery from this devastating condition.</p>
<p>CREOKS Behavioral Health Services 121 S. Duck Street Stillwater, OK 74074 Phone: 1(405) 372-7791 Website: https://www.creoks.org/</p>	<p>CREOKS is a non-profit human services agency established in 1980, certified by the Oklahoma Department of Mental Health and Substance Abuse Services, and accredited by CARF. Our organization offers a wide range of services in an all-in-one clinic or through home or school-based programs that help persons who may need brief counseling, substance abuse treatment or those struggling with severe mental or behavioral illnesses.</p>
<p>Valley Hope Alcohol and Drug Treatment Center 100 S. Jones Cushing, OK 74023 Phone: 1 (918) 225-1736 Website: https://valleyhope.org/location/valley-hope-cushing/</p>	<p>Valley Hope serves everyone. There are no two people that they see that are the same. Age, gender, relationship, mindset, and the extent of substance abuse vary from one patient to the next. Services offered are counseling, chaplains, physicians, nurses and psychologists that work together to meet the physical, mental, social and spiritual need of each patient.</p>

Standards of Conduct for Students

Oklahoma State University is committed to enforcing all policies and related to alcohol and other drug use on campus, in order to create a safe and productive learning environment for all members of the OSU community. Students who are alleged to have violated any policies related to the possession, distribution, manufacture, or use of alcohol and other drugs will be referred to the appropriate authority as outlined in the Student Code of Conduct.

The goal of Student Conduct at OSU is to hold students responsible by offering education, challenge, and support to those students who may be struggling with behavioral issues, including those relating to alcohol and drugs. Student Support & Conduct contacts and meets with students to assess situations of possible non-academic misconduct. These situations include allegations of alcohol and drug violations. In addition to Student Support & Conduct, some Alcohol and Drug violations that occur in the Residence Halls may also be referred to Housing and Residential Life.

The Student Code of Conduct outlines university policies and procedures, to which all students are expected to adhere to during their time at Oklahoma State University. The primary focus of the conduct process is on educational and corrective outcomes; however, sanctions such as suspension or expulsion from the university may be necessary to uphold community standards and to protect the campus community. The current version of the Student Code of Conduct is available at <https://ssc.okstate.edu/code>.

Below are the main policies as outlined in the Student Code of Conduct that pertain to alcohol and other drugs.

The Student Code of Conduct defines a violation of the Alcohol Policy (II(30)) as:

“Alcohol: Consuming, possessing, manufacturing, distributing, selling or serving alcoholic beverages on university premises (including residence halls and sorority and fraternity housing) or at university-sponsored activities regardless of age, except expressly permitted by university policy. Knowingly being in the presence of alcohol where it is not permitted on campus is also prohibited. The following are also violations on or off campus:

- a. Public intoxication or under the influence of alcohol
- b. Driving under the influence of alcohol or while impaired
- c. Actual physical control of a vehicle while under the influence of alcohol
- d. Providing alcohol to individuals under 21 years of age
- e. Social Host: Providing a location for any individual under 21 years of age to possess or consume alcohol
- f. Transporting an open container of alcohol
- g. Possession or use of a fake ID
- h. Underage in possession of alcohol
- i. Underage in a liquor (package) store

Lawful and responsible alcohol consumption is permitted only in designated areas of the OSU campus, properties and facilities as authorized by the Board of Regents.”

The Student Code of Conduct defines a violation of the Drugs policy (II(31)) as:

“**Drugs:** Acting or intending to act to illegally use, possess, sell, share, distribute, cultivate, manufacture or be under the influence of any state or federally controlled drug or substance. Possessing drug paraphernalia. Inhaling or ingesting any substances (e.g., nitrous oxide, glue, paint, etc.) that will alter a student’s mental state. Knowingly providing a location for individuals to possess or consume drugs, or knowingly being in the presence of drugs are also prohibited. While the use of medical marijuana has been legalized in the State of Oklahoma, federal law continues to prohibit marijuana. Therefore, the possession or use of prescribed medical marijuana is prohibited on campus property and at University-sponsored activities.”

Good Samaritan Policy:

The university may offer amnesty for minor conduct violations to (1) a student who may have committed a minor violation at the time of a more serious incident or (2) a student who offers help to those who need medical assistance. If amnesty is offered, educational options may be explored, but no conduct actions or record will result.

For a full list of violations of the Student Code of Conduct individuals may view an electronic version online at, <https://www.studentconduct.okstate.edu/code>, or they may pick up a physical copy in the Student Conduct office.

Possible Student Disciplinary Sanctions

The following sanctions listed are potential sanctions that students could be assigned if they are found responsible for alcohol or other drug violations. These sanctions are all listed below. The office also has the right to add appropriate sanctions

Alcohol and Drug Assessments: Oklahoma State University offers students the ability to take Alcohol and Drug Assessments from licensed professionals in our Alcohol and Substance Abuse Center located in University Counseling Services. Depending on the type severity of the violation students may be sanctioned to a complete an Alcohol and Drug Assessment. Upon completion of this assessment, any recommendations from the counselor will become the student's new sanctions. Below are the three types of Alcohol and Drug Assessments assigned.

- **Alcohol and Drug Assessment A:** \$160 ADSAC/DUI assessment for DUI or drug-related offenses that results in loss of driver's license. This appointment takes 2 hours.
- **Alcohol and Drug Assessment B:** \$ 100 Court-ordered drug/alcohol assessment for criminal charges that will not result in loss of driver's license (PI, UIP, fake ID, TOC). This appointment takes an hour and a half.
- **Alcohol and Drug Assessment C:** \$50 Non-court ordered University Assessment – Not accepted in court. This appointment takes an hour.

Community Impact Essay: Through the completion of the Community Impact Essay a student will be able to:

1. Identify the thought process to their decision and areas in which they missed seeing the impact their behavior had on the community.
2. Explain why their behavior did not meet the expectations of the University and why those expectations exist.
3. Assess the impact that their behavior had on other individuals and the community.
4. Articulate how they are going to repair the harm or negative impact following their decision.

Conduct Expulsion: Termination of student status for an indefinite period. Students who are expelled from Oklahoma State University are not permitted on campus or in university buildings, facilities or activities at any time for any reason, unless otherwise permitted by the Director of Student Conduct Education and Administration. Notation on the transcript is not made; however, a permanent record of the action is maintained in the student's record in the Registrar's Office. If a transcript is requested, a letter will be sent with the transcript to the requesting party/institution stating the student has been expelled for conduct reasons. Only unofficial transcripts will be released to the student directly. Expulsion becomes a permanent part of a student's conduct record. Any refund of tuition or fees will be subject to the university's normal withdrawal policy.

Conduct Probation: A specified period of time during which the student is placed on formal notice that they are not in good standing with the university and that further violations of university regulations will subject them to suspension or expulsion from the university.

Conduct Suspension: The exclusion from enrollment in classes and other privileges or activities for a definite period of time not to exceed three years and until the conditions which are set forth in the hearing outcome letter are met. Students who are suspended from Oklahoma State University are not permitted on campus or in university buildings, facilities or activities at any time for any reason during the period of suspension, unless otherwise permitted by the Director of Student Conduct Education and Administration. Notation on the transcript is not made;

however, a record of the action is maintained in the student's record in the Registrar's Office. If a transcript is requested during the period of suspension, a letter will be sent with the transcript to the requesting party/institution stating the student is under suspension for conduct reasons. Only unofficial transcripts will be released to the student directly. Any refund of tuition or fees will be subject to the university's normal withdrawal policy.

Decision Making Seminar: Through the completion of the Decision Making Seminar a student will be able to:

1. Learn about the steps to make a well thought out and effect decision
2. Identify how they can incorporate the steps they have learned to make positive decision in the future
3. Identify their core values and reflect on if their values were reflective in their behavior that facilitated this assignment.

Alternative Decision Making Course: Through completion of Alternative Decision Making Course assignment, utilizing TAO, the student will:

1. Interact with modules in order to gain knowledge, self-awareness, and skills needed to improve their wellness and overall functioning.
2. Reflect on their current skillset and make a plan to apply sills gained from the modules to their life.

Drunk Driving Consequences Essay: Through the completion of the Drunk Driving Consequences Essay, students will be able to:

1. Identify the tragic consequences of driving under the influence of alcohol.
2. Identify personal changes in behavior and decision-making to avoid the identified consequences.

Football Sobriety Check-in: Students that are found to be responsible for alcohol violations relating to home football games, are assigned this sanction. They are required to be sober at all times while in the stadium for any future home football games they go to for the remainder of the season.

Game Day/Post Game Day Community Service: Students that are found to be responsible for alcohol or other drug violations relating to home football games, are assigned this sanction. Upon completion of Game Day or Post Game Day Community Service, a student will be able to:

1. Identify the impact that home football games have on the University and their involvement and role in that impact.
2. Define their responsibilities as an OSU student and identify how these responsibilities will factor into their future decision making on game day and in general at the University.

Marijuana Education Class: Through the completion of the Marijuana Education Class a student will be able to:

1. Develop strategies for reducing the risks associated with marijuana use.
2. Understand the federal, state, and local laws surrounding marijuana.
3. Explore the impact marijuana may have on success at Oklahoma State University now and in the future.

Parental Notification: Oklahoma State University reserves the right to notify the parents/guardians of dependent students regarding any conduct situation, particularly alcohol and other drug violations. The university may also notify parents/guardians of non-dependent students who are under the age of 21 of alcohol and/or other drug violations. Parental notification may also be utilized discretionarily by administrators when permitted by FERPA or consent of the student.

Personal Autobiography Essay: Through the completion of the Personal Autobiography Essay, students will be able to:

1. Reflect on their life and develop attainable goals for them to work towards.

Residence Hall Status Change: The university is able to alter a student's access to residence halls in four ways:

1. **Restrictions** on visitation to specified buildings or all university housing.
2. **Reassignment** to another university housing facility as determined by Residential Life staff.
3. **Suspension** from a university housing facility for a specified period of time, after which the student is eligible to return. Conditions for returning may be specified.
4. **Removal** from living in or visiting any university housing facility.
5. **Restitution:** Is compensation for the damage caused to the university or any person's property on campus. This is not a fine, but rather a repayment for labor costs and/or value of property destroyed, damaged, consumed, or stolen.

S.M.A.R.T. Education Class: Through the completion of the SMART Class a student will be able to:

1. Develop strategies for reducing the risks associated with alcohol consumption
2. Understand federal, state, and local laws surrounding alcohol
3. Recognize the hindrance that your behavior involving alcohol can have on your success at OSU and in the future

Alternative Alcohol Education Assignment: This assignment is given to students when they are unable to attend a **S.M.A.R.T. Class** in a timely manner due to their academic schedule. Through the completion of the Alternative Alcohol Education Assignment a student will be able to:

1. Develop strategies for reducing the risks associated with alcohol consumption
2. Understand federal, state, and local laws surrounding alcohol
3. Recognize the hindrance that your behavior involving alcohol can have on your success at OSU and in the future

Written Warning: An official written notice that the student has violated university policies and that more severe conduct action will result should the student be involved in other violations while the student is enrolled at the university.

Please Note: While these are the most commonly assigned sanctions for Alcohol and Other Drug violations, the Student Conduct office reserves the right to issue additional sanctions to fit the educational needs of students on a case by case basis.

Statement on Employee Disciplinary Sanctions

In accordance with the Drug-Free Workplace Act of 1988, Oklahoma State University hereby notifies all employees that the unlawful manufacture, distribution, dispensation, possession or use of a controlled substance is prohibited in the workplace. Any employee found to have violated this prohibition may be subject to disciplinary action up to and including dismissal or be required to satisfactorily participate in a drug abuse assistance or rehabilitation program as a condition of continued employment. The drug abuse assistance/rehabilitation program shall be one that has been previously approved for such purposes by a federal, state, or local health, law enforcement or other appropriate agency. The imposition of such disciplinary action or requirement to satisfactorily participate in a drug abuse assistance/rehabilitation program is premised solely upon a violation of this prohibition and does not require a criminal conviction. As a condition of employment at Oklahoma State University, all employees will:

1. Comply with the terms of this statement; and
2. Notify the University (through either their immediate supervisor, other supervisory administrator or project director) of any criminal drug statute conviction for a violation occurring in the workplace in writing no later than five days after such conviction.

Such conviction may, of course, result in the employee being disciplined or required to satisfactorily participate in a drug abuse assistance/rehabilitation program as 1-1205.5 specified above. Failure of an employee to report his/her conviction, as required herein, constitutes grounds for dismissal. As a further requirement of the Drug-Free Workplace Act, the University has established a drug-free awareness program for the purpose of informing employees about the dangers of drug abuse in the workplace, the University's prohibition of controlled substances in and on OSU property, any available drug counseling, rehabilitation and employee assistance programs, and the penalties that may be imposed for drug abuse violations. An Employee Assistance Program has been created in furtherance of the drug-free awareness program. Information about the drug-free awareness program and the Employee Assistance Program may be obtained from University Counseling Services. Reference is made to Policy and Procedures Letter 1-1205 and the Drug-Free Workplace Act of 1988 as sources of information and clarification.